

## wraps

wheat or flour wrap • includes a side

**Chicken Cashew Avocado | 8.25**  
grilled organic chicken, avocado, cashews, cheddar, fresh basil, mixed greens, tomatoes & sriracha hot sauce

**Spicy Thai Veggie | 7.75**  
julienne red peppers, carrots, thai veggies, cabbage, cilantro & green onions tossed in a spicy thai vinaigrette & topped with cheddar & pepper jack, avocado, pico de gallo & sriracha honey aioli

**Chicken Cobb | 8.25**  
grilled organic chicken, cheddar and bacon, fresh avocado, lettuce, tomato, diced hard boiled egg & bleu cheese dressing

**Kung Pao Chicken | 8.00** ★  
cajun grilled organic chicken, layered with thai slaw, pico de gallo, cashews, pepper jack, sriracha & honey aioli

**California Turkey | 7.75**  
sliced turkey, bacon, cheddar cheese, lettuce, tomato, avocado, fresh basil & ranch dressing

**Chicken Gyro | 7.75**  
grilled organic chicken, feta cheese, greek seasonings, onions, tomatoes & cucumbers, shredded lettuce & a low fat cucumber yogurt sauce

**BBQ Chicken | 8.25**  
grilled organic chicken with savory bacon, cheddar cheese, sweet honey BBQ sauce, onions, lettuce & diced tomatoes

**Spicy Thai Chicken | 7.75**  
grilled organic chicken & spicy thai slaw with cheddar and pepper jack cheese, pico de gallo & sriracha honey aioli

★ **Buffalo Chicken | 7.75**  
grilled organic chicken in a spicy hot wing sauce, topped with cheddar & pepper jack cheese, lettuce, tomato, celery & bleu cheese dressing

**Caribbean Jerk Chicken | 8.00**  
grilled organic chicken with fresh ginger, thyme & jamaican jerk sauce, pineapple salsa, asian slaw & mixed cheeses

## FOR A HEALTHIER TWIST

make it a  
**SALAD OR QUINOA BOWL**  
for no extra charge!



## burgers & sandwiches

brioche or ciabatta bread • includes a side

**Southwest Burger or Organic Chicken Sandwich | 8.50**  
cajun grilled with avocado, pico de gallo & pepper jack cheese

**4-Alarm Burger or Organic Chicken | 8.75**  
cajun seasoned then topped with pepper jack cheese, buffalo sauce & jalapeño peppers

**Ultimate Bacon Cheddar BBQ Burger or Organic Chicken | 8.75** ★  
grilled & topped with bacon, BBQ sauce & cheddar

**Steak Burger or Organic Chicken | 8.00**  
add your choice of cheddar, swiss, mozzarella, bleu, feta, or pepper jack cheese for .50



## tacos & burritos

3 tacos or 1 giant burrito...you pick!



**Mahi Mahi | 8.25**  
mahi mahi sautéed in cajun spices then layered with spicy thai slaw, cheddar & pepper jack, topped with pico de gallo & sriracha honey aioli

**Cajun Chicken | 8.00**  
cajun grilled organic chicken, cheddar & pepper jack, avocado, lettuce, black bean & corn salsa

★ **Baja Shrimp | 8.25**  
sautéed in cajun spices then layered with house-made pineapple salsa & fresh avocado, topped with cilantro-lime sauce

**Beef & Cheese | 7.75**  
seasoned ground beef topped with cheddar & pepper jack, pico de gallo, avocado & refried beans

## sides & sweets

Potato Chips  
Broccoli Salad  
Cottage Cheese  
Quinoa Salad  
Potato Salad

Brownies | 2.95  
Assorted Cookies  
1 for .75  
3 for 1.75

